A FRESU START

OLIVES & PESTO GOAT CHEESE served with crostini 6

HUMMUS served with fresh seasonal vegetables & crostini 8.5

SPINACH DIP served in a bread bowl with tortilla chips 8.5

HOUSE GUACAMOLE served with tortilla chips & sliced cucumber 8.5

GREEN CHILI CHEESE DIP served with tortilla chips & crostini 7

HUMMUS NACHOS (SERVED COLD) crispy tortilla chips, hummus, feta cheese, diced tomato, red onion, cilantro, basil & our southwest cream sauce **7.5**

SOUP OF THE MOMENT ask your server for details 5 in a bread bowl 1

PITA FLATBREAD 7.25

SIGNATURE pear, arugula & gorgonzola cheese... topped with sunflower seeds & mint

TUSCAN roasted red peppers, pesto, arugula & feta cheese... topped with sunflower seeds

PHILLY GOAT caramelized onions, mushrooms, roasted garlic marsala sauce & goat cheese

PERFECTLY PEARED pears & goat cheese... topped with crispy bacon & toasted hazelnuts

CHICKEN SPINACH DIP our house made spinach dip, roasted red peppers, four cheese blend & grilled chicken

TACOS & QUESADILLAS 7.5

SOUTH OF THE MOUNTAIN a crispy quesadilla filled with caramelized onions, roasted red peppers, arugula & pepper jack cheese

TUKEE PEAR a crispy quesadilla filled with pear, bacon, arugula & pepper jack cheese

GREEKADILLA a crispy quesadilla filled with spinach, tomatoes, chick peas, feta & pepper jack cheese

CARNITAS TACOS roasted pulled pork & crispy cabbage... topped with our spicy pear pico

ROASTED BUTTERNUT SQUASH TACOS roasted butternut squash, caramelized onion, quinoa, arugula, feta cheese, cilantro, southwest cream sauce & dried corn

BUFFALO CHICKEN TACOS spicy buffalo roasted chicken, crispy cabbage, gorgonzola cheese & ranch dressing

PACO'S PEAR TACOS roasted chicken, crispy bacon, cheddar cheese, avocado, southwest cream sauce & sprouts... topped with our spicy pear pico

FIELD OF GREENS 9

ADD CHICKEN 3 OR SALMON' 5

Choice of **BABY SPRING MIX** or

our **HOUSE BLEND** of baby kale, spinach & arugula

PERFECT PEAR CLASSIC pears, dried cranberries, mint, red onions, gorgonzola cheese & toasted hazelnuts... tossed with our house cider vinaigrette

BAJA LIME dried corn, roasted red peppers, red onion, avocado, cucumber, cilantro, feta cheese & quinoa... tossed with our lime vinaigrette

STRAWBERRY FIELDS strawberries, crispy bacon, walnuts, red onions & gorgonzola cheese... tossed with our balsamic vinaigrette

PEAR COBB pears, crispy bacon, avocado, red onions, egg & gorgonzola cheese... tossed with our creamy pesto vinaigrette

WILD CHOP SALAD dried cranberries, feta cheese, quinoa, cucumbers, roasted red peppers, pears & sunflower seeds... tossed with our pesto vinaigrette

MEDITERRANEAN cucumbers, tomatoes, roasted red peppers, chick peas, red onions, feta cheese & sunflower seeds... tossed with our mediterranean vinaigrette

ROASTED SPROUT roasted brussel sprouts, crispy bacon, red onion, dried corn, feta cheese & almonds... tossed with our creamy pesto vinaigrette

CABO SPICY COBB crispy bacon, roasted butternut squash, dried corn, red onion, avocado, egg, pepper jack cheese, cilantro & sunflower seeds... tossed with our spicy chipotle ranch

PEAR A MISO crispy cabbage, quinoa, pears, red onion, cilantro, mint, almonds, sprouts & crispy wontons... tossed with our miso dressing

FALL LEAVES roasted butternut squash, beets, crispy bacon, walnuts, quinoa & goat cheese... tossed in our cider vinaigrette

SALAD WRAPS 9.25

CHOOSE FROM ANY OF OUR SIGNATURE SALADS... tossed with roasted chicken... wrapped In a flour tortilla

SERVED WITH OUR SEASONAL SIDE, FRIES OR SWEET POTATO FRIES Substitute BOWL OF SOUP or HOUSE SALAD 2.5

SIGNATURE GRILLED CHEESE 9

SERVED WITH OUR SEASONAL SIDE, FRIES OR SWEET POTATO FRIES
Substitute BOWL OF SOUP or HOUSE SALAD 2.5

Substitute gluten free bread upon request

PERFECTLY GRILLED CHEESE brie, four cheese blend, arugula & crispy bacon... served on our grilled spiced pear bread

MUSHROOM MELT spinach, caramelized onions, mushrooms & four cheese blend... served on grilled romano crusted 9 grain bread

PESTO tomatoes, arugula, four cheese blend & pesto sauce... served on grilled romano crusted 9 grain bread

BACON \$ JALAPENO crispy bacon, roasted jalapeños, caramelized onions, arugula, four cheese blend & our spinach dip... served on romano crusted 9 grain bread

GRILLED GOODNESS roasted butternut squash, crispy bacon, caramelized onions & arugula... served on romano crusted 9 grain bread

SANDWICHES

SERVED WITH OUR SEASONAL SIDE, FRIES OR SWEET POTATO FRIES Substitute BOWL OF SOUP or HOUSE SALAD 2.5

Substitute gluten free bread upon request

SICILIAN thinly sliced sirloin, roasted red peppers, tomatoes, arugula, gorgonzola cheese& pesto aioli... served on toasted focaccia bread 9.75

NEW HARVEST roasted red peppers, tomatoes, cucumbers, avocado, red onions, sprouts, feta cheese, hummus & pesto aioli... served on grilled focaccia bread 9

B'L'T'A bacon, spring mix, tomato, avocado & chipotle aioli... served on grilled focaccia bread 9.25

CHICKEN PESTO chicken, roasted red peppers, tomatoes, feta cheese & pesto aioli... served on toasted ciabatta bread 9.5

SOUTHWEST PHILLY thinly sliced sirloin, sautéed mushrooms, caramelized onions & our green chili cheese sauce... served on toasted ciabatta bread 9.75

CHICKEN CLUB chicken, bacon, avocado, tomatoes, red onions, sprouts, gorgonzola cheese & chipotle aioli... served on toasted ciabatta bread 9.75

QUAD CITY MELT thinly sliced sirloin, caramelized onions, sautéed mushrooms, tomatoes, four cheese blend & chipotle aioli... served on toasted marbled rye bread 9.75

CHICKEN MARSALA chicken, caramelized onions, mushrooms, roasted garlic, four cheese blend & marsala aioli ... served on toasted ciabatta bread 9.5

MARBLED CUBAN roasted pulled pork, dill pickles, grain mustard & four cheese blend... served on toasted marbled rye bread 9.75

PASTA 11.5

ADD CHICKEN 3 ITALIAN SAUSAGE 3 PULLED PORK 3 SALMON' 5
Substitute gluten free pasta upon request

CHIPOTLE TOMATO CREAM SAUCE rigatoni... tossed with tomatoes... topped with fresh basil & romano cheese

G-MA'S MAC cavatappi... tossed in our creamy cheese sauce... topped with crispy bacon

PEAR OF TOMATOES linguini... tossed with tomatoes, red onions & garlic... topped with fresh basil & romano cheese

CREAMY MUSHROOM MARSALA rigatoni... tossed with caramelized onions, mushrooms & roasted garlic... topped with romano cheese

ATHENA'S GARDEN linguini... tossed with zucchini, arugula, caramelized onions, sautéed mushrooms & our signature garlic basil sauce... topped with romano cheese

TONI'S PERFECT PASTA rigatoni... tossed with zucchini, sautéed mushrooms, arugula & our roasted garlic alfredo sauce... topped with romano cheese

GREEN CHILI MAC cavatappi... tossed with roasted green chili cheese sauce... topped with crispy bacon

TUSCAN RIGATONI roasted zucchini, roasted red peppers, sautéed mushrooms & caramelized onions... tossed with our signature red sauce... topped with feta cheese & basil

MEDITERRANEAN MAC & CHEESE cavatappi... tossed with roasted red peppers, caramelized onion, arugula & our cheesy pesto sauce... topped with feta cheese

CREAMY BUTTERNUT RIGATONI roasted butternut squash, caramelized onions, arugula & our signature creamy butternut squash sauce... topped with walnuts & bacon



THE PERFECT PEAR YOUR CHOICE OF ANY...

½ SALAD & SOUP 10 ½ PASTA & SOUP 10.75 ½ SALAD & ½ PASTA 11.5

*Consuming raw or undercooked meat can increase your risk of food borne illness